



You are scheduled for testing at the following location:

☐ 7505 Glenview Drive, Suite A North Richland Hills, TX 76180

☐ 915 S. Main Street, Suite A, Fort Worth, TX 76104

Please contact our office at 817-284-9225 if you have any questions.

___ Pulmonary Function Tests

- Do not use any inhalers or nebulizers **24-48 hours** prior to your test.
- Do not use any caffeine **4 hours** prior to your test.
- Do not smoke or use nicotine patches **4 hours** prior to your test.
- Do not eat **2 hours** prior to your test.

___ Pulmonary Stress Test

- Wear clothes and shoes that are comfortable.

___ Allergy Skin Test

- Do not use prescription or over-the-counter medications that contain antihistamines or sleep aids **3-4 days** prior to your test.
- Do not use beta-blockers **1 day** prior to your test.
- Review the list of medications to discontinue on the reverse side of this page.
- Alert our office if the following conditions are applicable to you as skin testing may be postponed or an alternate allergy test may be ordered:

Recent asthma flare up (chest tightness, increased cough, or wheezing)

Current use of antidepressant medication

Pregnancy

Clinical history of anaphylaxis reaction or hives

This Page is Only Applicable to Allergy Test Patients

Below is a list of medications to discontinue at least 3-4 days prior to your allergy test. Do not discontinue antidepressants, anti-anxiety, or other psychiatric medications without approval from Dr. Nair and your prescribing physician. Contact our office at 817-284-9225 with any questions.

ACTIFED (4 DAYS)	D A CHEWABLE	NYQUIL	SOMINEX (3 DAYS)
ADAPIN (12 DAYS)	DA II	NYTOL (3 DAYS)	SUDAFED PLUS (3 DAYS)
ALKA SELTZER PLUS	DAYQUIL	OPTIMINE	TAVIST (3 DAYS)
ALLEGRA	DECONAMINE	OPTIVAR	TELDRIN
ALLERCHLOR (3 DAYS)	DESLOREDATADINE (5 DAYS)	ORNADE	TEMARIL
ALLEREST	DEXBROMPHENIRAMINE	ORTHOXICOL	TERFENADINE
ALLERHIST (10 DAYS)	DIMETANE	PAMPRIN	THERA FLU
ANTIVERT (7 DAYS)	DIMETAPP	PATANASE (7 DAYS)	TOFRANIL
ASTELIN (7 DAYS)	DIPHEDRYL (3 DAYS)	PBZ	TRIAMINIC
ASTEPRO (7 DAYS)	DIPHEN 3 DAYS	PEDIACARE	TRIAMINICIN
ATARAX (10 DAYS)	DIPHENHYDRAMINE	PERIACTIN (7 DAYS)	TRIMEPRAZINE
ATROHIST	DORCOL	PHENERGAN (7 DAYS)	TRINALIN (3 DAYS)
AZATADINE	DOXEPIN	PHENINDAMINE	TRIPLENNAMINE HCL
B C COLDS	DRISTAN	PHENINDAMINE	TRIPROLISINE HCL
BENEDRYL (3 DAYS)	DRIXORAL (3 DAYS)	PHENYLTOLOXAMINE	TUSSEND
BREXIN	DURA VENT DA	POLARAMINE	TUSSIONEX
BROMFED	EFFIDAC	PREMYSN PMS	TWILITE (3 DAYS)
BROMPHENIRAMINE	EXTENDRYL	PROMETHAZINE (3 DAYS)	TYLENOL ALLERGY / SINUS
CALM-AID (3 DAYS)	FEDAHIST	PROREX	TYLENOL COLD TABS
CARBOXINOXAMINE	FEXOFENADINE	PYRILAMINE	TYLENOL PM (3 DAYS)
CEROSE-DM	4-WAY COLD TABLETS	PYRROXATE	UNISOM (3 DAYS)
CETIRIZINE 5 DAYS	GENAHIST (3 DAYS)	QUELIDRINE	VICKS CHILDREN'S NYQUIL
CHERACOL PLUS	HISMANAL (6 WEEKS)	QUINTADRILL (10 DAYS)	VICKS FORMULA 44
CHERACOL SINUS	HYCOMINE COMP.	REZINE (10 DAYS)	VISTANIL
CHLOAMINE (3 DAYS)	HYDRAMINE	RIDRAMAN (3 DAYS)	VISTARIL CAPS & SUSPENSION
CHLORTRIMETON (3 DAYS)	HYDROXYZINE HCL	ROBITUSSIN NIGHT RELIEF	XYZAL (7 DAYS)
CHLORAFED	HYDROXYZINE	RONDEC	ZONALON (14 DAYS)
CHLORPHENRAMINE	ISOCLOL	RU-TUSS	ZYRTEC (4 DAYS)
CHLORPROMAZINE	KRONOFED	RYNA	
CLARINEX (7 DAYS)	LORATADINE (5 DAYS)		
CLARITIN (7 DAYS)	MEDIFLU	RYNATAN	EYE DROPS:
CODIMOL	MIDOL	RYNATUSS	ALOMIDE
COMHIST	MIZOLASTINE	SCOT-TUSSIN	LIVOSTIN
COMPAZINE	NALDECON	SELDANE (10 DAYS)	OPTIVAR
COMPOZ (3 DAYS)	NOLAHIST	SEMPREX D	PATANOL
COMTREX	NOLAMINE	SINAREST	EMADINE
CONTAC	NOVAFED A	SINE-OFF	PATADAY
CORICIDIN	NOVAHISTINE DH	SINGLET	ELESTAT
CYPROHEPTADINE HCL	NU-MED (3 DAYS)	SINUBID	NAPHCON-A
SINUTAB	VISINE & VISINE A	SINULIN	OPTRON-A