



Preparing for your Bronchoscopy

We would like to provide you with important information/instructions for your upcoming Bronchoscopy.

Please ensure that you promptly inform us if you are on blood thinners or under the care of a cardiologist so that necessary clearances can be obtained in a timely manner. If we are unable to obtain clearance by the time of your procedure, unfortunately, we will have to reschedule.

Bronchoscopy Instructions/Information:

Scheduling: Our office staff will contact you with the location, date, time and exact time of arrival.

Upon Arrival: On the day of your Bronchoscopy, please proceed to the main entrance of the hospital. The Registration team will be there to guide you to the appropriate location for your procedure.

Fasting: Refrain from eating or drinking anything after midnight on the day of your procedure. This includes water, gum, medication and mints. Fasting is essential for the success and safety of the Bronchoscopy.

Medication: Bring any morning medication with you to the hospital. The hospital staff will provide guidance on when it is appropriate to take your medication based on your procedure schedule. Inform the medical team of all medications you are currently taking.

Blood Thinners/Aspirin: Discontinue the use of any blood thinners or aspirin at least 5 days prior to the scheduled Bronchoscopy. Our office might instruct otherwise depending on clearance.

Transportation: A ride from the hospital is required on the day of the Bronchoscopy. Please make arrangements with a family member, friend, or caregiver who can drive you to and from the hospital. Vehicles can be parked in any open permitted parking spot.

Attire: Wear comfortable 2-piece clothing. Avoid 1-piece outfits or jeans. Loose-fitting and easily removable clothing is recommended.

Pre-op: The hospital will be in contact with you to obtain medical history and go over additional instructions for your procedure.

IMPORTANT: IF NEEDING TO CANCEL OR RESCHEDULE, PLEASE GIVE OUR OFFICE OUR A 72-HOUR NOTICE, AS DATES ARE VERY LIMITED.

We appreciate your attention to these instructions, and we are committed to providing you with the best possible care during your Bronchoscopy procedure. If you have any questions or concerns, please feel free to contact our office at (817)284-9225.

We look forward to assisting you and ensuring a successful procedure.

For more information visit our website:

www.lungsleeptexas.com

Thank you for choosing The Lung & Sleep Center of North Texas!

Appointment Details:

Date: _____

Time: _____

Arrival Time: _____

○ **Medical City Alliance**
3101 North Tarrant Parkway, Fort Worth, TX, 76177
Phone#: (817)639-1000

○ **Medical City Fort Worth**
900 8th Avenue, Fort Worth, TX, 76104
Phone# (817)336-2100